

# Curriculum Overview 2019-2020

## Physical Education

### Intent:

All students will study Physical Education during Key Stage 3 and Key Stage 4 and have opportunities to participate in extra-curricular activities.

We aim to develop students into physically literate young people who enjoy and understand the important role of physical activity in their lives. The PE department aim to increase their knowledge, skills and the breadth of their sporting experience so that students can continue participation in life and work beyond their school years.

### Implementation at Key Stage 3

In Key Stage 3, students follow a wide curriculum in order to successfully progress into Key Stage 4. They will study a variety of topics including swimming, handball, basketball, football, badminton, table tennis, trampolining, touch rugby, volleyball, tennis, softball and rounders.

There are fantastic facilities available for our department including an all-weather artificial football pitch; an all-weather basketball court; a 25m sports hall and indoor swimming pool. These facilitate both lessons and our extensive extra-curricular programme that compliments the current teaching units of that half term.

At the end of every unit of work, students complete practical assessments linked to the topics and unit studied. Knowledge and understanding of specific key terminology is also assessed. We carefully track students' progress across the terms and assessments providing students with formative targets to enable their progression.

### Implementation at Key Stage 4

All students will participate in Core PE lessons throughout KS4 to promote enjoyment of physical activity and sport and to develop health and fitness.

In addition, students have the option to study either a GCSE or a vocational PE course in KS4 dependent on both their practical and academic progress.