



# BEACON HIGH



## Bullying Prevention Policy

We aim to ensure that our anti-bullying policy is fair to all students, irrespective of race, religion, culture, gender and sexuality.

This is reflected in our aspirations for the school community:

- All members of the school community have a voice
- We are inclusive
- We aspire to be a bully-free school and community

### What is Bullying?

There is no legal definition of bullying. However, it's usually defined as behaviour that is:

- repeated
- intended to hurt someone either physically or emotionally
- often aimed at certain groups, e.g. because of race, religion, gender or sexual orientation (DfE)

### What Can You Do If You Are Being Bullied?

- ⇒ Remember that your silence is the bully's greatest weapon!
- ⇒ If you are being bullied you **MUST** tell an adult immediately. Speak to your parent/carer and ask them to contact your Form Tutor or Head of House.
- ⇒ Tell yourself that you do not deserve to be bullied, and that it is **WRONG!**
- ⇒ Be proud of who you are. It is good to be an individual.
- ⇒ Try not to show that you are upset. It is hard, but a bully thrives on someone's fear.

### If you Know Someone is Being Bullied:

- ⇒ **TAKE ACTION!** Watching and doing nothing looks as if you are on the side of the bully. It makes the victim feel more unhappy and on their own.
- ⇒ If you feel you cannot get involved, tell an adult **IMMEDIATELY**. This can be your Form Tutor or Head of Year.
- ⇒ Do not be, or pretend to be, friends with a bully.

### As a Parent/Carer:

- Always take an active role in your child's education. Enquire how their day has gone, who they spent their time with, how lunchtime was spent etc.
- If you feel your child may be a victim of bullying behaviour, inform the school immediately. Your complaint will be taken seriously and appropriate action will follow.
- It is important that you advise your child not to fight back. It can make matters worse!

### As a School:

- We treat bullying as a serious offence and take every possible action to eradicate it from our school. Any child who is found guilty of bullying will be dealt with firmly.
- We use any opportunity to discuss aspects of bullying within the school curriculum and the appropriate way to behave towards each other.
- We deal quickly, firmly and fairly with any complaints, involving parents/carers at all times.

