

## EMERGENCY SERVICES

Police/Ambulance/Fire

Emergency: 911

Non-Emergency: 101

## ISLINGTON CHILDREN'S TEAM

Self-referral for family support or support for individual support

Phone: 0207 5277400

<https://directory.islington.gov.uk/kb5/islington/directory/service.page?id=72oH6rIO3Js>

## CAMDEN CHILDREN'S TEAM

Self-referral for family support or support for individual support

Phone: 0207 9744444

<https://www.camden.gov.uk/safeguarding-children>

## ISLINGTON CAMHS

Mental health support for children and adolescents

Phone: 0203 3161824

<https://directory.islington.gov.uk/kb5/islington/directory/service.page?id=72oH6rIO3Js>

## CAMDEN CAMHS

Mental health support for children and adolescents

Phone: 0208 9382638

<https://tavistockandportman.nhs.uk/care-and-treatment/our-clinical-services/open-minded-camden-camhs/>

## YOUNG MINDS

Online guidance for young people

0808 802 5544 (Monday to Friday 9.30am – 4pm, free for mobiles and landlines)

<https://youngminds.org.uk/>

## KOOTH

Online support for mental health for young people

<https://www.kooth.com>

## LIFT ISLINGTON YOUTH HUB

Lift is Islington Council's healthy living hub for young people

<http://www.liftislington.org.uk/>

## TRUSSELL TRUST

Food Bank

Phone: 01722 580 180

<https://www.trusselltrust.org/what-we-do/>

## SCHOOL CONTACT

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