

Over the next few months you may want to spend some time with your Y6 child helping them to prepare for their move to Beacon High in September. The best things that they can be doing to prepare are:

- ✓ Keep up with the home learning that their primary school are setting for them to do
- ✓ Keep reading every day
- ✓ Keep talking about how they are feeling and any worries that they have

In this pack there are some other suggestions of activities that you could do to help you to prepare for September.

Planning Their Journey

With the government rules at the moment it isn't possible to practice using public transport to get to school.

If you live close enough, you could walk past Beacon High a couple of times a week on your daily walk so your child learns the way. You can put them in charge of directing you to get there!

If your child will need to use public transport to get to school make use of the TFL Journey Planner or Citymapper to plan their journey. You can use Google Street View to find the bus stops that they will need to use and how they will walk from home to the bus stop and from the bus stop to Beacon High.



Helpful links:

TFL:

<https://tfl.gov.uk/plan-a-journey/>

Citymapper:

https://citymapper.com/london?set_region=uk-london



Agree Rewards

We are sure your child will do really well when they start at Beacon High and we reward students who work hard, make progress and help others. We know that students learn best and are happiest when families talk to them about school and take an active part in their child's schooling. Sometimes, you may wish to give your child a reward at home. Some home rewards that our current Y7s have enjoyed include:

- ✓ Being allowed to choose what is for dinner
- ✓ Selecting a film to watch as a family
- ✓ 1-2-1 football in the park with a parent or carer
- ✓ Pamper evening
- ✓ Hosting a sleepover
- ✓ Selecting what station the car radio is tuned to for a week
- ✓ Extra screen time
- ✓ Staying over at their grandparents' home

Good Sleep Routines

With schools being shut it can be really hard to keep to a sensible bedtime and regular time to get up in the morning. The more this routine can be kept, though, the easier it will be when schools reopen.

Having a clear bedtime routine; not using screens in bedrooms for half an hour before lights out and making sure your children get up (on 'school days'!) at a sensible time will help students with their learning at home as well as when they go to school again.

In the summer holidays, move to term time bedtimes a week or so before school starts so children aren't starting term feeling tired.



Make Some Lists!

Find some time to look through the "Welcome Booklet" with your child and make some lists with them. This may help them understand the things that you will be doing to help them to get ready for September. You could make lists of:

- ✓ Uniform items you will need to buy
- ✓ Equipment that they will need for their school bag
- ✓ Things they need to know before starting at Beacon High, e.g. how they will be getting there everyday

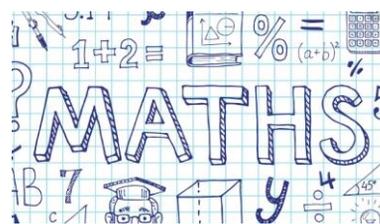
Practical Maths and English

Alongside the work that has been set, keep looking for opportunities for your child to use maths and English skills in the real world.

Examples could include:

- Measuring ingredients to make a cake, and scaling up or down the recipe
- When you are doing your weekly shop and see a "special deal" ask your child how much money you would save if you bought that item
- When your children watch TV or a film put on the subtitles so they are reading as well as watching without really thinking about it
- If you are separated from loved ones encourage your child to write to them and either post the letters or drop them into loved ones' homes on a daily walk
- Play word games (Boggle, scrabble, "Who am I?" etc, many of which have free online versions)
- Play games that require counting and mental maths (e.g. Monopoly...if they can play nicely!)

There are lots of other things that you could do with your child to keep them using their maths and English skills – have fun and find things that work for your family!



Your child may have some concerns about moving to secondary school that you will be talking to them about over the coming weeks and months. You may find it helpful to find some time to sit with them and talk about some of the scenarios below. For each, you could talk about the **hard** things in the situation; whether you can see any **positive** in the situation; the **actions** they could take if they find themselves in that situation; and **who they could ask for help** in that situation.

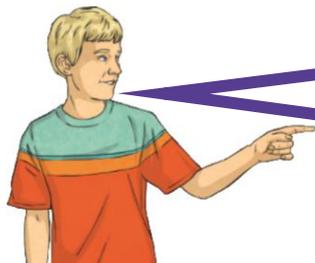
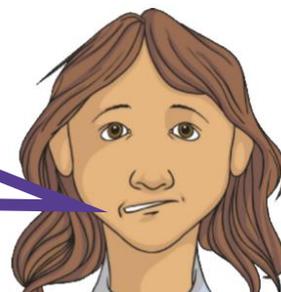


None of my friends from primary school are going to Beacon High. I'll be in a new class in a new school and I'm worried about making friends.

- ❖ Positives
- ❖ Negatives
- ❖ Actions
- ❖ Help

- ❖ Positives
- ❖ Negatives
- ❖ Actions
- ❖ Help

I found the work I did in Y6 really hard, and I'm worried that the work I am asked to do at Beacon High will be even harder and I won't be able to do it.

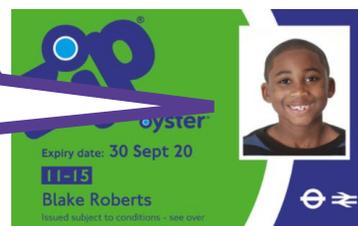


Beacon High is so big! I am worried I will get lost and might be late for my lessons.

- ❖ Positives
- ❖ Negatives
- ❖ Actions
- ❖ Help

- ❖ Positives
- ❖ Negatives
- ❖ Actions
- ❖ Help

What if I lose my Zip Oyster at school? I wouldn't be able to get home.



BEACON HIGH



What if I feel really poorly at break time and I think I am going to be sick?

- ❖ Positives
- ❖ Negatives
- ❖ Actions
- ❖ Help

- ❖ Positives
- ❖ Negatives
- ❖ Actions
- ❖ Help

I'm really shy and I don't like putting my hand up in lessons or being asked a question in front of the whole class. I'm worried because my new teachers won't know this about me.



I feel really sad to leave my primary school where I feel safe and I know all of the teachers. I haven't had to start again before!

- ❖ Positives
- ❖ Negatives
- ❖ Actions
- ❖ Help

- ❖ Positives
- ❖ Negatives
- ❖ Actions
- ❖ Help

What if the government tells schools they have to shut again? I'm worried I won't be able to make new friends and make progress in my learning if Beacon High is shut.



I don't know about the latest music or films and I am not allowed social media accounts so I am worried that I won't fit in at secondary school.

- ❖ Positives
- ❖ Negatives
- ❖ Actions
- ❖ Help



As you prepare for transition with your child there may be specific worries or concerns that they have. You will have an opportunity to meet (in person or online) with a senior member of Beacon High staff before your child starts with us, so it would be a good idea to keep track of the questions! Turning worries into questions can help too. There is one example of that below. You could even print this page and stick it on the fridge!

A worry I have:	A question (or questions) I could ask to help me to be less worried:
<i>I am worried that I will get lost between lesson and be in lots of trouble for being late!</i>	<i>Can someone help me to find my lessons? How do we get taught where our lessons are? What happens if I am late for lesson?</i>